

Subject : Psychology (Minor Elective-01)

Course Title : Introduction to psychology

Unit-I Introduction of Psychology : Meaning, Definition, Nature and scope

Skill Development

Unit-II Attention : Meaning and definition of attention. Types of attention and determinants of attention.

Skill Development

Unit-III Perception: Meaning and definition of perception, Process of perception, Factors affecting perception, Concept of Illusion.

Skill Development

Unit-IV Learning : Nature and definition of learning. Methods of learning. Theories : Trial & Error and Insight theory. Factors affecting learning.

Skill Development

Unit-V Memory : Meaning and definition of memory, Type of Memory, Factors affecting memory.

Skill Development

Unit-VI Motivation : Basic concept of motivation. Need-Drive-Incentive concept. Basic and acquired needs.

Skill Development

Unit-VII Emotion : Nature and definition of Emotion. Development of emotion.

Skill Development

Unit-VIII Intelligence: nature and definition of intelligence, Concept of IQ.

Skill Development

Subject: Psychology (Minor Elective-02)**Course Title: Psychology of Personality**

Unit-I Personality : Introduction, Nature, Meaning and definition, Nature, Types of Personality.

Skill Development

Unit-II Dimensions of Personality : Concept of Conscious, Sub-conscious and Unconscious, Id, Ego and Superego.

Skill Development

Unit-III Roots of Personality : Indian approach of personality, Western approach of Personality, Triguns theory of personality.

Skill Development

Unit-IV Understanding self: Concept of self, Nature, Scope, Self concept discrepancy and consequences.

Skill Development

Unit-V Determinants of Personality : Biological foundation, Genetic bases of personality : contribution of genes.

Skill Development

Unit-VI Theories of Personality : Psychoanalytic Classical Theory of Freud, Social Learning Theory, Trait and Type Theories.

Skill Development

Unit-VII Disorders of personality : Major personality disorders and their treatment approaches.

Skill Development

Unit-VIII Assessment of Personality : Personality Inventories-16 PF, Projective Techniques-TAT

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